



MOMENTUM

ENERGY FROM GROUP COACHING

Group coaching?

Group coaching creates a trusted network with a rich and diverse set of experiences giving you broader context and ideas for solutions to problems. You will gain insights to multiple perspectives and enhance your knowledge. Benefits include:

- You can share your own ideas and support others
- Less direct focus and pressure on you, allowing you to participate at your own speed
- Shared development and growth
- Expect varied case studies from other club members
- Confidence comes from peer support
- Learn coaching techniques to use as a friend, colleague, or manager
- Celebrate your wins with others.

CliftonStrengths

- We use the CliftonStrengths assessment as the basis for our coaching clubs
- Learn, love, and live what you do best
- Understand yourself, your relationships, and your power and edge



Costs

- £47 per month per seat
- Upgrade options with 121 coaching
- Next starts September
- Full 34 CliftonStrengths profile is needed

Includes

- Monthly online club meeting
- Dedicated Teams Chat
- On-boarding 30-minute call
- Resources
- Worksheets
- Updates

Contact details

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